



***TASTY FOODS***  
**Unbeatable Quality**



Fresh and Dry Leaves, Herbs and Seeds



### Fresh Cut Bitter Leaves

EFO EWURO, OLUGU  
500g / 17.6oz



### Fresh Uncut Bitter Leaves

ANAMBRA BITTER LEAVES  
500g / 17.6oz



### Fresh Ugu Leaves

PUMPKIN LEAVES, OKONGNOBONG  
500g / 17.6oz



### Sour Sour Leaves

SORREL LEAF, NAGI NAGI  
500g / 17.6oz



### Callalou, Efo Tete

FULONG, BITEKETEKU  
500g / 17.6oz



### Cassava Leaves

PONDU  
1 Kg / 35.3oz



### Fresh Okazi Leaves

ERU, FUMBUA  
227g / 8oz



## Dry Okazi Leaves

100g / 3.5oz



## Dry Bitter Leaf

50g / 1.8oz



## Dry Ugu

50g / 1.8oz



## Calaba

200g / 7oz



## Jansang

100g / 3.5oz



## Snails

200g / 7oz



## Whole Egusi

200g / 7oz



## Ground Egusi

200g / 7oz



## Whole Obgong

100g / 3.5oz



## Ground Ogbono

100g / 3.5oz



**Chikwanga**



**Bobolo**



**Dry Mud Fish**



**Unpeeled Raw Peanuts**

1.5kg / 52.9oz



**Peeled Raw Peanuts**

1.5kg / 52.9oz



**White Gari**

4 kg / 141oz



**Yellow Gari**

4 kg / 141oz



**Cassava Flour**

3 kg / 105.8oz



**Ground Beans Flour**

1 kg / 35.3oz



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